

Houston Neuropsychology Associates, PLLC

Phone: 713-893-7105 • Fax: 713-893-7145 • Email: office@houston-npa.com • Web: houston-npa.com

APPOINTMENT CHECKLIST

How to prepare:	
	Get a good night's rest.
	Take your regular medications per doctor's orders.
	Eat a well-balanced meal prior to the appointment.
	Wear comfortable clothing.

What to bring to the appointment:	
	Photo ID (e.g., driver's license, passport, military ID, etc.)
	Insurance card (i.e., primary & secondary if applicable)
	Glasses
	Hearing aids
	Assistive devices (e.g., walker, cane, wheelchair, etc.)

What to expect:	
	Evaluations typically last between 2-4 hours ^a
	Interview with the neuropsychologist or licensed psychological associate
	Testing session with a technician and/or neuropsychologist ^b
	Brief breaks may be taken when needed.
	If the patient cannot use the restroom independently, whoever attends the appointment with him/her will need to remain in the waiting room during the evaluation to provide assistance should a bathroom break be required. We are unable to assist patients in the restroom.

^a Time for the assessment varies case-by-case. The test batteries are dependent on the referral question, as well as each individual patient. More specifically, some tasks are timed and others are untimed. If breaks are required, additional time may be needed.

^b Tests are in a paper-pencil, hands-on, and question-answer format. Some may be on a computer screen. No laboratory tests or imaging will be performed.